


From Pet Chaos to Calm: The 4-Step C.A.G.E. Framework for Multi-Species Households

Stop feeling guilty about forgotten feedings and neglected habitats. Here's how to automate the chaos and actually enjoy your pets again.



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You love your animals.

You love the dog who greets you at the door. You love the cat who curls up on your chest at 6 AM. You love the bearded dragon who stares at you like you're the most interesting thing in the world. You even love the hamster who runs on his wheel all night and keeps you awake.

But here's what you don't love:

The mental load of keeping them all alive.

The 7:45 PM panic where you freeze mid-dinner and whisper, "Did I feed the fish today?"

The Sunday night realization that you haven't cleaned the guinea pig cage in two weeks and now it's a biohazard.

The guilt when you walk past the reptile enclosure and realize you forgot to mist it. Again.

If you own multiple types of pets— a dog AND a cat AND a reptile AND a small animal AND maybe some fish—you're not just a pet owner. You're running a small, chaotic, multi-species zoo.

And right now, that zoo is running *you.

But it doesn't have to.

Why Multi-Species Pet Owners Fail (And It's Not What You Think)

Here's the truth about why overwhelmed pet parents struggle:

****It's not because you don't care enough.**

It's because you're trying to run a complex operation with no operating system.

Imagine trying to run a restaurant without a point-of-sale system, without scheduled shifts, without inventory management. You'd forget orders. You'd run out of ingredients. You'd burn out in a week.

That's exactly what you're doing with your pets.

You're managing dogs who need walks and training, cats who need play and litter scooping, reptiles who need specific temperatures and humidity, small animals who need cage cleanings, and fish who need water changes—all in your head.

And your head is not designed for that.

The solution isn't trying harder. It's building a system.

Introducing The C.A.G.E. Framework

The C.A.G.E. Framework is a four-stage operating system that deconstructs the overwhelming complexity of multi-species care into a simple, automated daily rhythm.

It separates what *must* be done from what *could* be done. It automates the recurring tasks so you don't have to remember them. It gamifies the process so you actually stick with it. And it gives you a weekly check-in to catch problems before they become crises.

Here's how it works.

Stage 1: Categorize Core Needs

Separate the non-negotiables from the nice-to-haves.

Most overwhelmed pet owners treat everything as equally important. They think buying a new toy for the parrot is just as urgent as making sure the dog gets his heartworm medication.

It's not.

And when everything is urgent, nothing gets done properly.

How to do it:

1. Grab a notebook or open a spreadsheet. Create one row per pet.
2. For each pet, list everything they need. Be exhaustive. Include food, water, medication, cleaning, enrichment, training, vet care— everything.
3. Now draw a line down the middle. Label one column "Non-Negotiables" and the other "Nice-to-Haves."
4. Sort every task into one column.
 - Non-Negotiables: Food, fresh water, medication, essential habitat cleaning, critical social interaction. These are tasks where neglect causes harm within 24-48 hours.
 - Nice-to-Haves: New toys, habitat decor upgrades, extended training sessions, gourmet treats. These are tasks where delay causes zero harm.
5. For each Non-Negotiable, add the specifics. Not "feed dog," but "feed dog 1 cup of kibble at 8 AM and 5 PM." Not "clean cat litter," but "scoop cat litter daily, deep clean weekly."
6. Identify the maximum safe window. How long can you delay before it becomes a problem? (Example: "Water change for gecko must happen every 48 hours, but 24 is ideal.")

What this stage produces:

A single document that tells you exactly what your pets *must have to survive and thrive. No more guessing. No more mental load. It's all on paper.

Stage 2: Automate Recurring Care

Set it and forget it.

Now that you know what needs to happen, your job is to make it happen without thinking about it.

The goal here is simple: You should never have to remember a recurring task. Your phone should remember. Your timers should remember. Your auto-shipments should be remembered.

How to do it:

1. *Take your Non-Negotiables list and assign each task a specific day and time. Put it on a calendar.
2. *Set digital reminders for everything. Google Calendar, iPhone reminders, Alexa—pick one and use it religiously. Set notifications that actually grab your attention.
 - *Example: Every day at 7:55 AM, phone buzzes: "FEED DOGS (breakfast)." Every Saturday at 9 AM: "DEEP CLEAN GUINEA PIG CAGE."
3. Automate the physical setup.
 - Buy automatic feeders for dogs and cats.
 - Put all lighting and heating on plug-in timers.
 - Set up water fountains instead of bowls.
 - Pre-portion all dry food on Sunday for the entire week.
4. Create a Pet Command Center. This can be a whiteboard on the wall or a shared digital document. It shows:
 - What's been done today
 - What still needs doing
 - Any notes or observations
5. Put everything on auto-ship. Food, bedding, filters, medication—if you use it regularly, it should arrive automatically before you run out.

What this stage produces:

A system where your phone tells you what to do, your timers handle the environment, and your supplies never run out. You're no longer the memory bank. You're just the executor.

Stage 3: Gamify Learning

Make the routine satisfying enough to stick.

Here's the problem with most pet care systems: they're boring.

And boring doesn't stick.

If you want to do this consistently for years—not just for a week when you feel motivated—you need to make it rewarding.

How to do it:

1. Create a visual tracking system. This is your game board.
 - Physical option: A chart on the fridge with checkboxes for each daily task.
 - Digital option: A habit-tracking app like Streaks or Habitica.
2. Assign point values. Daily Non-Negotiables = 1 point. Weekly tasks = 5 points.
3. Define immediate rewards. Not "I'll feel good about myself someday." Immediate, tangible rewards.
 - 7 perfect days = fancy coffee or 30 minutes of guilt-free reading
 - 30 perfect days = new book, takeout night, massage
4. Involve the whole family. Create a family leaderboard. The person with the most points at week's end chooses the weekend movie or gets out of dish duty.
5. Make Nice-to-Haves the bonus level. You only "unlock" enrichment activities when your core tasks are done. Want to build that obstacle course for the ferret? Great—earn it by completing a perfect week first.

What this stage produces:

A routine that actually feels good to complete. You're not dragging yourself through chores; you're earning rewards. The dopamine hit from checking boxes keeps you coming back.

Stage 4: Evaluate Progress Weekly

Catch problems before they become crises.

The final stage is a 15-minute weekly review. This is your opportunity to look at the system objectively, identify what's slipping, and fix it before your pets suffer.

How to do it:

1. Schedule 15 minutes every Sunday at 4:00 PM. Block it on your calendar. It's non-negotiable.

2. Pull up your 3-Metric Scorecard. Rate yourself 1-5 on each:

- Metric 1: System Adherence. Did you follow the automated schedule? If not, where did you slip and why?
 - Metric 2: Pet Wellness. Are all pets eating normally, behaving normally, showing no signs of stress or illness?
 - Metric 3: Supply Status. Do you have enough food, bedding, and medication to last until the next auto-shipment?
3. For any score below 4, identify the root cause. Was it a system failure (reminder didn't work) or user error (you ignored it)? Fix it for next week.
 4. Look ahead. Any schedule changes next week? Late meetings? Travel? Pre-plan how you'll handle them.
 5. Celebrate wins. If you scored 4+ in all categories, give yourself the reward you defined in Stage 3.

What this stage produces:

Continuous improvement. Every week, the system gets a little better. Small problems get fixed before they become big problems. And you get the satisfaction of seeing your consistency pay off.

The 20-Minute Minimum Viable Version

Don't have time for the full system today? Start here. This gets you 70% of the results in 20 minutes.

1. Brain dump (5 minutes): On a piece of paper, list every pet. Next to each name, write the absolute minimum daily tasks required for survival.
2. Set one daily reminder (2 minutes): Set a recurring alarm on your phone for a time you're usually home. Label it "PET CHECK." When it goes off, do a quick visual check on every animal.
3. Pre-portion tomorrow's food (5 minutes):** Right now, portion out all food for every pet for tomorrow. Put it in labeled containers in the fridge or on the counter.
4. Create a one-question scorecard (3 minutes):** Put a sticky note on your bathroom mirror that says "All pets good?" Answer it every morning.
5. Schedule your review (5 minutes): Block 15 minutes on your calendar for this Sunday. Title it "Pet Review."

That's it. Do this today, and you're already ahead of where you were yesterday.

What This System Produces in 30 Days

If you follow the C.A.G.E. Framework consistently for one month, here's what your life looks like:

- A fully automated daily care routine that runs in under 20 minutes total, across all pets.
- Zero missed feedings or water checks. Not one.
- 15+ hours per month saved by batching cleaning and prep work.
- A clear scorecard showing you exactly how well each pet is thriving.
- Zero decision fatigue about daily tasks. The system tells you what to do and when.
- First-thing-in-the-morning clarity about what your pets need.
- A calm, predictable rhythm that feels almost effortless.
- Zero guilt. You walk in the door knowing everything is handled.

Real Talk: Will This Work for Your Specific Menagerie?

Maybe you're thinking, "This sounds great, but I have a cat and a mouse. Will it work for me?"

Yes.

Because the C.A.G.E. Framework doesn't care what species you own. It cares about **structure**.

Dogs, cats, reptiles, birds, small mammals, fish, amphibians—they all have needs. The framework simply helps you organize those needs, automate what you can, and track what matters.

It works for:

- The family with a dog, a cat, and a suddenly-acquired classroom hamster
- The reptile enthusiast with three different species requiring different temperatures
- The fish keeper with multiple tanks and complicated water change schedules
- The professional who travels and needs their pet sitter to actually follow instructions
- The first-time multi-pet owner who's drowning in conflicting advice

The only requirement:**** You have to be willing to spend 2-3 hours upfront building the system. After that, it's 20 minutes a day and 15 minutes a week.

Your Next Step

You have two choices:

Choice A: Keep doing what you're doing. Keep relying on your memory. Keep feeling that Sunday night guilt. Keep apologizing to your pets (and yourself) for not being on top of things.

Choice B: Spend a few hours this week implementing the C.A.G.E. Framework. Build the list. Set the reminders. Automate the feeders. Create the game board. Schedule the review.

Choice A is familiar. It's also exhausting.

Choice B requires upfront effort. It also gives you back your peace of mind, your evenings, and your relationship with your pets.

Here's what I want you to do right now:

1. Bookmark this article.
2. Grab a notebook or open a blank document.
3. Spend 15 minutes on the Minimum Viable Version above.
4. Schedule 2 hours this weekend to build the full system.

Your pets don't need you to be perfect. They need you to be consistent.

And consistency isn't about willpower. It's about systems.

Build the system. Then go enjoy your animals.

Want the complete done-for-you version? The full C.A.G.E. Framework system includes printable checklists, editable scorecards, and the complete If/Then Decision Tree for handling unexpected situations. [\[Get instant access here.\]](#)

THE C.A.G.E. FRAMEWORK

Complete Done-For-You System Package

Ready-to-Use Templates, Worksheets, and Tools for Multi-Species Pet Management

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SECTION 1: NON-NEGOTIABLE VS. NICE-TO-HAVE WORKSHEETS

Instructions for Use

For each pet, complete one worksheet. Be specific with quantities, times, and frequencies. Post these where all family members can see them.

WORKSHEET 1: DOG

Pet Name: _____ Breed: _____

Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ cups of ____ food	☐ Daily ☐ 2x daily	____ AM / ____ PM	____ hours
Fresh Water	Bowl size: ____	☐ Daily ☐ Check 2x daily	____ AM / ____ PM	____ hours
Potty Breaks	____ times per day	☐ Every ____ hours	____	____ hours
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours
Exercise	____ minutes of walking	☐ Daily	____	____ hours
Training	____ minutes basic commands	☐ Daily	____	____ hours
Health Check	Check for: ____	☐ Daily	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly ☐ Monthly	
Special Treat		☐ Weekly	
Grooming (extra)		☐ Weekly ☐ Monthly	
Training (advanced)		☐ Weekly	
Adventure Trip		☐ Monthly	
Other:			

WORKSHEET 2: CAT

Pet Name: _____ Breed: _____

Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ cans/cups of ____ food	☐ Daily ☐ 2x daily	____ AM / ____ PM	____ hours
Fresh Water	Bowl/fountain size: ____	☐ Daily	____	____ hours

Task	Specifics	Frequency	Time Window	Max Safe Delay
Litter Box	☐ Scoop ____ ☐ Deep clean ____	☐ Daily / ☐ Weekly	____	____ hours
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours
Play/Interaction	____ minutes	☐ Daily	____	____ hours
Health Check	Check for: ____	☐ Daily	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly ☐ Monthly	
Catnip		☐ Weekly	
Brush/Groom		☐ Weekly	
Window Perch Time		☐ Daily ☐ Weekly	
New Scratching Post		☐ Monthly	
Other:			

WORKSHEET 3: REPTILE/AMPHIBIAN

Pet Name: _____ Species: _____ Age: _____

Habitat Type: ☐ Terrarium ☐ Aquarium ☐ Paludarium ☐ Other: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Critical for survival)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ (food type) ____ amount	☐ Daily ☐ Every ____ days	____	____ hours
Water	☐ Bowl ☐ Misting ☐ Soaking	☐ Daily ☐ Every ____ days	____	____ hours
Basking Temperature	____ °F day / ____ °F night	☐ Monitor Daily	Check at ____	____ hours
Humidity	____%	☐ Monitor Daily	Check at ____	____ hours
UVB Lighting	____ hours on / ____ hours off	☐ Daily (timer)	On at ____ / Off at ____	N/A with timer
Spot Clean	Remove waste/spoiled food	☐ Daily	____	____ hours
Full Clean	Full substrate change	☐ Weekly ☐ Monthly	____	____ days
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Decor		☐ Monthly	
Live Plants		☐ Monthly	
Handling/Interaction		☐ Weekly	
Habitat Rearrangement		☐ Monthly	
New Hide		☐ Monthly	
Other:			

WORKSHEET 4: SMALL MAMMAL (Hamster, Guinea Pig, Rabbit, Ferret, Rat)

Pet Name: _____ Species: _____

Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ (food type) ____ amount	☐ Daily	____	____ hours
Fresh Water	☐ Bottle ☐ Bowl -check function	☐ Daily	____	____ hours
Fresh Vegetables	____ type, ____ amount	☐ Daily	____	____ hours
Spot Clean	Remove wet bedding/soil	☐ Daily	____	____ hours
Full Cage Clean	Complete bedding change	☐ Weekly	____ day	____ days
Exercise/Out Time	____ minutes supervised	☐ Daily	____	____ hours
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours
Health Check	Check teeth/nails/behavior	☐ Daily	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly	
New Hide/House		☐ Monthly	
Treat (healthy)		☐ Weekly	
Maze/Obstacle Course		☐ Weekly	
New Bedding Material		☐ Monthly	
Other:			

WORKSHEET 5: BIRD

Pet Name: _____ Species: _____

Age: _____

Medical

Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Food	☐ Pellets: _____ amount ☐ Seed: _____ amount ☐ Fresh food: _____	☐ Daily	_____	_____ hours
Fresh Water	Bowl change and clean	☐ Daily	_____	_____ hours
Cage Cover	☐ Cover at night ☐ Uncover morning	☐ Daily	_____ / _____	_____ hours
Spot Clean	Remove liner/soil	☐ Daily	_____	_____ hours
Full Cage Clean	Deep clean	☐ Weekly	_____ day	_____ days
Out of Cage Time	_____ minutes supervised	☐ Daily	_____	_____ hours
Social Interaction	_____ minutes	☐ Daily	_____	_____ hours
Medication	_____ at _____ dosage	☐ Daily ☐ _____	_____	_____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly	
Foraging Activity		☐ Weekly	
New Perch		☐ Monthly	
Training Session		☐ Weekly	
Bath/Shower		☐ Weekly	
Other:			

WORKSHEET 6: FISH/AQUARIUM

Tank Name: _____

Tank Size: _____ gallons

Species: _____

Equipment: ☐ Filter ☐ Heater ☐ Light ☐ Air pump ☐ CO2 system

NON-NEGOTIABLES (Critical for survival)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ (food type) ____ amount	☐ Daily ☐ 2x daily	____	____ hours
Temperature Check	Should be ____ °F	☐ Daily	____	____ hours
Filter Check	Ensure running properly	☐ Daily	____	____ hours
Visual Health Check	Count fish, check for illness	☐ Daily	____	____ hours
Water Test	Test: ☐ Ammonia ☐ Nitrite ☐ Nitrate ☐ pH	☐ Weekly	____ day	____ days
Water Change	____% water change	☐ Weekly	____ day	____ days
Filter Maintenance	Rinse/clean media	☐ Monthly	____	____ days

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Plant		☐ Monthly	
New Decor		☐ Monthly	
Water Conditioner Upgrade		☐ As needed	
New Food Variety		☐ Monthly	
Tank Rearrangement		☐ Monthly	
Other:			

WORKSHEET 7: CUSTOM/BLANK TEMPLATE

Pet Name: _____ Species/Type: _____ Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES

Task	Specifics	Frequency	Time Window	Max Safe Delay
1.				
2.				
3.				
4.				
5.				
6.				

NICE-TO-HAVES

Activity	Description	Frequency Goal	Completed (Date)
1.			
2.			
3.			
4.			

SECTION 2: 3-METRIC WEEKLY SCORECARD

Instructions

Complete this scorecard every Sunday during your 15-minute Pet Ops Review. Be honest. Scores below 4 require a root cause analysis and fix for next week.

WEEK OF: _____

METRIC 1: SYSTEM ADHERENCE

Did you follow the automated schedule? Did all tasks get completed on time?

Day	Tasks Completed (Y/N)	Missed Tasks	Reason Missed
Monday	☐ Yes ☐ No		
Tuesday	☐ Yes ☐ No		
Wednesday	☐ Yes ☐ No		
Thursday	☐ Yes ☐ No		
Friday	☐ Yes ☐ No		
Saturday	☐ Yes ☐ No		
Sunday	☐ Yes ☐ No		

SYSTEM ADHERENCE SCORE (1-5): _____

5 = Perfect, all tasks done on time	3 = Most tasks done, some delays	1 = System fell apart
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If score is below 4: Root cause: ☐ Reminder failed ☐ Forgot despite reminder ☐ Too busy ☐
Other: _____ Fix for next week: _____

METRIC 2: PET WELLNESS

Are all pets eating normally, behaving normally, and showing no signs of stress or illness?

Pet Name	Eating Normally?	Behavior Normal?	Any Concerns?
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	

PET WELLNESS SCORE (1-5): _____

5 = All pets thriving, no concerns	3 = Minor concerns, monitoring	1 = Vet visit needed
------------------------------------	--------------------------------	----------------------

If score is below 4: Concern details:

_____ Action plan:

METRIC 3: SUPPLY STATUS

Do you have enough food, bedding, medication, and supplies to last until the next auto-shipment?

Supply Item	Current Stock	Auto-Ship Date	Enough Until Then?
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No

SUPPLY STATUS SCORE (1-5): _____

5 = Fully stocked, all auto-ships scheduled	3 = Some items low, need to order	1 = Critical shortage
---	-----------------------------------	-----------------------

If score is below 4: Items needing immediate order:

_____ Auto-ship adjustments needed:

WEEKLY SUMMARY

Metric	Score (1-5)
System Adherence	
Pet Wellness	
Supply Status	
TOTAL SCORE	/15

---LOOKING AHEAD TO NEXT WEEK

Schedule changes (travel, late meetings, guests): _____

Plan to handle them: _____

NICE-TO-HAVE BONUS (Unlocked if total score is 12+)

This week's chosen Nice-to-Have activity: _____

Completed? ☐ Yes ☐ No (carry over to next week)

NOTES FOR NEXT WEEK'S SYSTEM IMPROVEMENT

One thing to add/change/improve: _____

SECTION 3: COMPLETE IF/THEN DECISION TREE

25+ Scenarios for Multi-Species Pet Management

DAILY ROUTINE SCENARIOS

IF I am running late in the morning THEN I will:

1. Visually confirm automatic feeders dispensed food
2. Check all water sources are full
3. Do a 30-second visual count/check of all pets
4. Leave. Everything else waits until tonight or tomorrow.

IF I am exhausted at night and don't want to do the final pet check THEN I will:

1. Set a 5-minute timer on my phone
2. Do a quick lap through the house/habitats
3. Tell myself, "5 minutes now saves guilt tomorrow."
4. Check off the tasks and earn my point

IF a pet refuses to eat a meal THEN I will:

1. Note it on the Command Center with time/date
2. Offer the food again in 2 hours
3. If they refuse a second meal, move to Illness Protocol
4. Check water and environment for issues

IF a pet shows unusual behavior (lethargy, hiding, aggression) THEN I will:

1. Note the behavior on the Command Center
2. Check all environmental factors (temperature, water, food)
3. Monitor for 2 hours
4. If no improvement, consult a vet

SUPPLY & EQUIPMENT SCENARIOS

IF I notice a low-supply warning on the Command Center THEN I will:

1. Open the auto-ship app immediately
2. Move the next delivery date up by 3-5 days
3. If no auto-ship exists for this item, create one
4. Note in the Sunday review to adjust quantity IF an automatic feeder malfunctions THEN I will:
 1. Hand-feed that meal immediately
 2. Troubleshoot the feeder within 24 hours
 3. Set a daily manual reminder until fixed
 4. Order backup feeder if needed

IF a timer fails (lights don't turn on/off) THEN I will:

1. Manually adjust immediately
2. Check if the battery needs replacing
3. Replace the timer within 48 hours
4. Monitor the pet for stress from the disrupted cycle

IF a water fountain pump stops working THEN I will:

1. Put out a backup water bowl immediately

2. Clean the pump and check for clogs
3. Order replacement pump if needed
4. Check that the pet is drinking from the backup bowl

IF I run out of a critical supply (food, medication) THEN I will:

1. Borrow from a neighbor if possible
2. Make an emergency store run
3. Pay for expedited shipping
4. Add this item to the "critical" list for auto-ship

HEALTH & EMERGENCY SCENARIOS

IF a pet shows signs of illness (vomiting, diarrhea, not eating) THEN I will:

1. Isolate from other pets if contagious concern
2. Call the vet within 2 hours
3. Document symptoms with photos/video
4. Follow vet instructions exactly
5. Add medication to the daily Non-Negotiables immediately

IF a pet escapes its habitat THEN I will:

1. Close all doors to contain to one room
2. Remove any dangerous pets from the area
3. Search systematically
4. Set up food/water and wait
5. Check usual hiding spots
6. Once found, inspect the habitat for an escape route and fix it immediately

IF two pets fight or show aggression THEN I will:

1. Separate them immediately and safely
2. Check for injuries, treat if needed
3. Keep separated for 24 hours minimum
4. Consult vet or trainer if serious
5. Reintroduce slowly and supervised

IF a habitat's temperature is outside the safe zone (alarm goes off) THEN I will:

1. Move the pet to a temporary safe container with proper temp
2. Check equipment (heater, thermostat, timer)
3. Fix or replace faulty equipment
4. Monitor temp for 2 hours before returning the pet

5. Add extra temp checks to Command Center for 3 days

IF humidity is too low in the reptile habitat THEN I will:

1. Mist immediately
2. Add a larger water bowl or move to the warm side
3. Check the misting system if automated
4. Consider a different substrate
5. Monitor closely for the next 24 hours

IF humidity is too high (mold risk) THEN I will:

1. Increase ventilation immediately
2. Remove wet substrate
3. Check for leaks in the water source
4. Reduce misting frequency
5. Monitor for respiratory issues in the pet

TRAVEL & SCHEDULE SCENARIOS

IF I am going out of town for 1-2 nights THEN I will:

1. Print the one-page C.A.G.E. sitter guide
2. Do a full supply stock-up before leaving
3. Pre-portion all food for every day I'm gone
4. Program the sitter's number into home monitoring cameras
5. Do a walk-through with the sitter before leaving
6. Set out emergency vet contact and payment

---IF I am going out of town for 3+ nights THEN I will do everything above, plus:

1. Schedule a mid-trip check-in call with the sitter
2. Have a backup sitter on standby
3. Double all supply quantities
4. Leave written instructions by each habitat
5. Set calendar reminders to check cameras daily

IF the dog walker cancels at the last minute THEN I will:

1. Use a backup app to book a new walker immediately

2. If no walker is available, activate the Indoor Enrichment Plan:

- Snuffle mat for foraging
- Puzzle toys

- Extra training session
- Longer walk myself when home

IF I have a late meeting and will miss evening feeding time THEN I will:

1. Set an automatic feeder for that meal if available
2. Or pre-portion and leave food with instructions for a family member
3. Or do a morning switch (feed a larger morning meal)
4. Set a reminder to check that it was done when I get home

IF a family member is sick and can't do their assigned tasks THEN I will:

1. Redistribute tasks among remaining family members
2. Double the point values for completed tasks
3. The sick person owes a "fun night out" when better
4. Simplify tasks where possible (temporary)

IF guests are coming over and habitats need tidying THEN I will:

1. Do a 10-minute power clean of visible areas
2. Close doors to rooms with messier habitats
3. Add "guest prep" to next week's review as a Nice-to-Have
4. Remember that guests care about you, not perfect cages

MULTI-PET SPECIFIC SCENARIOS

IF I get a new pet (planned) THEN I will:

1. Complete a Non-Negotiable worksheet for them BEFORE they arrive
2. Set up all automation (timers, feeders) BEFORE they arrive
3. Add them to the Command Center immediately
4. Integrate them into the family gamification system
5. Monitor closely for first week and adjust---

IF I get a new pet (unplanned/emergency) THEN I will:

1. Schedule a 1-hour "System Integration" session for the next day
2. Set up temporary basic care (food, water, safe space) immediately
3. Complete their worksheet within 24 hours
4. Add them to all systems within 48 hours
5. Do extra wellness checks for the first week---

IF one pet needs extra care due to illness/injury THEN I will:

1. Add their new medical tasks to Non-Negotiables immediately
2. Reduce Nice-to-Haves for other pets temporarily
3. Communicate the change to all family members
4. Adjust the weekly scorecard to prioritize this pet
5. Give myself grace if other areas slip slightly---

IF a pet passes away THEN I will:

1. Give myself permission to pause the system for 24-48 hours
2. Remove their tasks from the Command Center
3. When ready, hold a small memorial if helpful
4. Adjust the gamification points for remaining tasks
5. Consider if and when to get another pet—no pressure

IF I notice one pet seems bored or lethargic consistently THEN I will:

1. Add "10 minutes targeted enrichment" to their daily Non-Negotiables
2. Research species-specific enrichment ideas
3. Try one new activity each day for a week
4. Monitor for changes in behavior
5. If no improvement, consult a vet

IF I'm considering rehoming a pet due to overwhelm THEN I will:

1. Acknowledge that this is a valid option, not a failure
2. Run a full system audit using the 3-Metric Scorecard
3. Identify which specific tasks are causing overwhelm
4. Try automating or outsourcing those tasks for 2 weeks
5. Re-evaluate after 2 weeks with clear data
6. Make a decision based on the pet's well-being, not guilt

SYSTEM MAINTENANCE SCENARIOS

IF the weekly scorecard shows a 4 or 5 in all metrics for 4 weeks in a row THEN I will:

1. Upgrade my personal reward (e.g., from coffee to a massage)
2. Consider adding one new Nice-to-Have for a pet
3. Review if any Non-Negotiables can be further automated
4. Celebrate the sustained success with my family
5. Share the system with another pet owner who's struggling

---IF the weekly scorecard shows a score below 3 in any metric for 2 weeks in a row THEN I will:

1. Schedule a 30-minute "System Deep Dive" with myself
2. Re-read the original Non-Negotiable lists—have they changed?
3. Check if any automation has failed
4. Ask family for input on what's not working
5. Consider if I need outside help (walker, cleaner, sitter)
6. Rebuild the affected part of the system from scratch IF a family member stops participating in the gamification THEN I will:
 1. Have a non-confrontational conversation
 2. Ask what would motivate them (different reward?)
 3. Consider reassigning their tasks to someone else
 4. Try a team-based reward instead of an individual
 5. If it's a child, adjust expectations based on age IF I realize I've been ignoring the system for several days THEN I will:
 1. Forgive myself immediately— guilt doesn't help
 2. Do a 10-minute reset right now
 3. Check all pets for wellness (they're likely fine)
 4. Restart with the Minimum Viable Version for 3 days
 5. Ease back into the full system after 3 days

IF I have a free Saturday with no plans THEN I will:

1. Check the collective Nice-to-Haves list
2. Pick one major enrichment project to tackle
3. Involve the whole family
4. Document it with photos
5. Enjoy the quality time with my animals

SECTION 4: PET COMMAND CENTER WHITEBOARD TEMPLATE

Instructions

Print this template and place it on a whiteboard, corkboard, or in a frame in a central location (kitchen, mudroom, family command center). Update daily.

PET COMMAND CENTER Week of: _____

TODAY'S DATE: _____ DAILY

NON-NEGOTIABLES CHECKLIST

Pet	Morning Task (7-9 AM)				
Evening Task (5-8 PM)		Notes			
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	

WATER CHECK (Quick visual - all bowls/bottles full?)

☐ Dog/Cat water ☐ Reptile water ☐ Small animal bottle ☐ Bird water ☐ Other: _____

TODAY'S AUTOMATED TASKS (Still need visual confirmation)

Task	Automated By	Confirmed?
_____	Timer / Feeder / App	☐ Yes
_____	Timer / Feeder / App	☐ Yes
_____	Timer / Feeder / App	☐ Yes

TODAY'S NOTES & OBSERVATIONS

WEEK AT A GLANCE

Day	Weekly Tasks (Deep cleans, meds, etc.)	Assigned To	Done
Monday			☐
Tuesday			☐
Wednesday			☐
Thursday			☐
Friday			☐
Saturday			☐
Sunday	REVIEW DAY (3-Metric Scorecard)	_____	☐

SUPPLY WATCH (Items running low)

Item	Low?	Reordered?
_____	☐	☐
_____	☐	☐
_____	☐	☐

UPCOMING SCHEDULE CHANGES

Date	Change	Plan
------	--------	------

THIS WEEK'S BONUS NICE-TO-HAVE (Earned when all daily tasks are done)

☐ _____

SECTION 5: FAMILY GAMIFICATION LEADERBOARD

Instructions Print this template weekly and post it next to the Command Center. Each family member earns points for completed tasks. Weekly winner gets the agreed-upon reward.

FAMILY PET CARE LEADERBOARD Week of: _____

POINT SYSTEM

- Daily Non-Negotiable task = 1 point each
- Weekly deep clean task = 5 points each
- Helping another family member = 2 bonus points
- Perfect day (all tasks done) = 3 bonus points
- Noticing a problem before it becomes a crisis = 5 bonus points

DAILY SCORE TRACKER

Family Member	Mon	Tue	Wed	Thu	Fri	Sat	Sun	TOTAL

-								

-								

-								

-								

-								

THIS WEEK'S REWARDS

Points Earned	Reward	Winner(s)
50+ points	Family movie night + choose the movie	
40-49 points	Choose Friday family dinner	
30-39 points	30 minutes of screen time bonus	
Weekly Winner (highest score)	No dishes for a week + ____	

LAST WEEK'S WINNER: _____ Reward received: _____

NOTES FOR NEXT WEEK

How can we make this more fun? _____

Who needs extra help? _____

SECTION 6: TRAVEL & PET SITTER INSTRUCTION TEMPLATES

Template A: One-Page Sitter Quick Guide

Print and leave in a visible location. Complete before every trip.

IMPORTANT: PET CARE INSTRUCTIONS For Sitter: _____ Dates: _____
CONTACT INFORMATION

Homeowner: _____ Phone: _____

Backup Contact: _____ Phone: _____

Veterinarian: _____ Phone: _____

Emergency Vet (24hr): _____ Phone: _____

Pet Poison Control: (888) 426-4435 Wi-Fi Password: _____

Alarm Code: _____

Where to find: ☐ Extra keys ☐ Flashlight ☐ First aid kit

DAILY ROUTINE AT A GLANCE

Time	Task	Pet

PET QUICK REFERENCE

Pet 1 Name: _____ Species: _____

- Food: _____ amount, _____ times daily
- Special instructions: _____
- Favorite treats: _____
- Commands: _____
- Scared of: _____
- Medical: _____

Pet 2 Name: _____ Species: _____

- Food: _____ amount, _____ times daily
- Special instructions: _____
- Favorite treats: _____
- Commands: _____
- Scared of: _____
- Medical: _____

Pet 3 Name: _____ Species: _____

- Food: _____ amount, _____ times daily
- Special instructions: _____
- Favorite treats: _____
- Commands: _____
- Scared of: _____
- Medical: _____

(Add more on back if needed)

HABITAT QUICK REFERENCE

Habitat/Pet	Location	Temp Setting	Light Schedule	Special Care
		____ °F	On: ____ Off: ____	
		____ °F	On: ____ Off: ____	
		____ °F	On: ____ Off: ____	

SUPPLY LOCATIONS

Item	Location
Pet food	
Treats	
Leashes/harnesses	
Poop bags	
Litter/ bedding	
Cleaning supplies	
Towels	
Medications	

---### EMERGENCY PLAN

If a pet gets sick/injured:

1. Call me immediately at _____
2. Call vet at _____
3. If after hours, go to: _____

If you can't reach me:

1. Contact backup: _____
 2. Use your best judgment—I trust you
 3. Take photos and send when possible
- CHECKLIST FOR EACH VISIT
- ☐ Check all water bowls/bottles— refill if low
 - ☐ Feed according to instructions
 - ☐ Scoop/spot clean litter boxes and cages
 - ☐ Let dogs out for potty / walk
 - ☐ Spend ____ minutes playing with each pet
 - ☐ Check all habitat temperatures and lights
 - ☐ Give medications as instructed
 - ☐ Send me a photo update (please!)

ADDITIONAL NOTES

THANK YOU! I really appreciate you taking care of my animals. They're family to me. Please text me with any questions, no matter how small. ☐ Cash tip is located:

Template B: Detailed Pet Sitter Binder Cover Page

For longer trips or multiple sitters, use this as the cover page for a full binder with individual pages for each pet.

THE COMPLETE C.A.G.E. SYSTEM Pet Care Binder for Sitters

Household of: _____ Dates: _____ to _____

WHAT'S INSIDE

Tab	Contents
1	Emergency Contacts & Important Information
2	Daily Schedule Overview
3	Pet 1: [Name] - Complete Care Guide
4	Pet 2: [Name] - Complete Care Guide
5	Pet 3: [Name] - Complete Care Guide
6	Habitat & Equipment Instructions
7	Supply Locations & Reorder Info
8	Daily Checklist (Copy and use each day)

HOUSE RULES

- ☐ Please remove shoes when entering
- ☐ Security alarm code: _____ - arm at night
- ☐ Trash day is _____
- ☐ Mail is held / neighbor collects
- ☐ Plants need water every _____ days
- ☐ _____

THE MOST IMPORTANT THING

These animals are my family. Thank you for treating them like yours. If anything feels off—even if you're not sure—please text me. I'd rather get 10 "just checking" messages than miss something important.

My phone is always on. Text or call anytime.

Template C: Individual Pet Care Guide (Binder Insert)

Print one for each pet and place in binder.

CARE GUIDE FOR: _____

Species: _____

Breed: _____

Age: _____

Identifying features: _____ Microchip number: _____
Vet records located: _____

PERSONALITY & QUIRKS

Loves: _____

Dislikes/Scared of: _____

Favorite treats:

Favorite toys/activities: _____

Commands they know: _____

How they show affection: _____

Signs of stress: _____

FEEDING INSTRUCTIONS

Meal	Time	Food Type	Amount	Special Instructions
Breakfast				

continue

THE C.A.G.E. FRAMEWORK

Complete Done-For-You System Package

Ready-to-Use Templates, Worksheets, and Tools for Multi-Species Pet Management

TABLE OF CONTENTS

1. Non-Negotiable vs. Nice-to-Have Worksheets (7 Pet Types)
 2. 3-Metric Weekly Scorecard Template
 3. Complete If/Then Decision Tree (25+ Scenarios)
 4. Pet Command Center Whiteboard Template
 5. Family Gamification Leaderboard
 6. Travel & Pet Sitter Instruction Templates
 7. Supply Auto-Ship Tracking Spreadsheet
-

SECTION 1: NON-NEGOTIABLE VS. NICE-TO-HAVE WORKSHEETS

Instructions for Use

For each pet, complete one worksheet. Be specific with quantities, times, and frequencies. Post these where all family members can see them.

WORKSHEET 1: DOG Pet Name: _____
Breed: _____

Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ cups of ____ food	☐ Daily ☐ 2x daily	____ AM / ____ PM	____ hours
Fresh Water	Bowl size: ____	☐ Daily ☐ Check 2x daily	____ AM / ____ PM	____ hours
Potty Breaks	____ times per day	☐ Every ____ hours	____	____ hours

Task	Specifics	Frequency	Time Window	Max Safe Delay
Medication	___ at ___ dosage	☐ Daily ☐ ___	___	___ hours
Exercise	___ minutes of walking	☐ Daily	___	___ hours
Training	___ minutes basic commands	☐ Daily	___	___ hours
Health Check	Check for: ___	☐ Daily	___	___ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly ☐ Monthly	
Special Treat		☐ Weekly	
Grooming (extra)		☐ Weekly ☐ Monthly	
Training (advanced)		☐ Weekly	
Adventure Trip		☐ Monthly	
Other:			

WORKSHEET 2: CAT

Pet Name: _____ Breed: _____

Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	___ cans/cups of ___ food	☐ Daily ☐ 2x daily	___ AM / ___ PM	___ hours
Fresh Water	Bowl/fountain size: ___	☐ Daily	___	___ hours
Litter Box	☐ Scoop ___ ☐ Deep clean ___	☐ Daily / ☐ Weekly	___	___ hours
Medication	___ at ___ dosage	☐ Daily ☐ ___	___	___ hours
Play/Interaction	___ minutes	☐ Daily	___	___ hours
Health Check	Check for: ___	☐ Daily	___	___ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly ☐ Monthly	
Catnip		☐ Weekly	
Brush/Groom		☐ Weekly	

Activity	Description	Frequency Goal	Completed (Date)
Window Perch Time		☐ Daily ☐ Weekly	
New Scratching Post		☐ Monthly	
Other:			

WORKSHEET 3: REPTILE/AMPHIBIAN

Pet Name: _____ Species: _____

Age: _____

Habitat Type: ☐ Terrarium ☐ Aquarium ☐ Paludarium ☐ Other: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Critical for survival)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ (food type) ____ amount	☐ Daily ☐ Every ____ days	____	____ hours
Water	☐ Bowl ☐ Misting ☐ Soaking	☐ Daily ☐ Every ____ days	____	____ hours
Basking Temperature	____ °F day / ____ °F night	☐ Monitor Daily	Check at ____	____ hours
Humidity	____%	☐ Monitor Daily	Check at ____	____ hours
UVB Lighting	____ hours on / ____ hours off	☐ Daily (timer)	On at ____ / Off at ____	N/A with timer
Spot Clean	Remove waste/spoiled food	☐ Daily	____	____ hours
Full Clean	Full substrate change	☐ Weekly ☐ Monthly	____	____ days
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Decor		☐ Monthly	
Live Plants		☐ Monthly	
Handling/Interaction		☐ Weekly	
Habitat Rearrangement		☐ Monthly	
New Hide		☐ Monthly	
Other:			

WORKSHEET 4: SMALL MAMMAL (Hamster, Guinea Pig, Rabbit, Ferret, Rat)

Pet Name: _____ Species: _____

Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ (food type) ____ amount	☐ Daily	____	____ hours
Fresh Water	☐ Bottle ☐ Bowl -check function	☐ Daily	____	____ hours
Fresh Vegetables	____ type, ____ amount	☐ Daily	____	____ hours
Spot Clean	Remove wet bedding/soil	☐ Daily	____	____ hours
Full Cage Clean	Complete bedding change	☐ Weekly	____ day	____ days
Exercise/Out Time	____ minutes supervised	☐ Daily	____	____ hours
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours
Health Check	Check teeth/nails/behavior	☐ Daily	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly	
New Hide/House		☐ Monthly	
Treat (healthy)		☐ Weekly	
Maze/Obstacle Course		☐ Weekly	
New Bedding Material		☐ Monthly	
Other:			

WORKSHEET 5: BIRD

Pet Name: _____ Species: _____ Age: _____

Medical Conditions/Medications:**

NON-NEGOTIABLES (Must happen daily or within 24 hours)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Food	☐ Pellets: ____ amount ☐ Seed: ____ amount ☐ Fresh food: ____	☐ Daily	____	____ hours
Fresh Water	Bowl change and clean	☐ Daily	____	____ hours
Cage Cover	☐ Cover at night ☐ Uncover morning	☐ Daily	____ / ____	____ hours
Spot Clean	Remove liner/soil	☐ Daily	____	____ hours
Full Cage Clean	Deep clean	☐ Weekly	____ day	____ days
Out of Cage Time	____ minutes supervised	☐ Daily	____	____ hours
Social Interaction	____ minutes	☐ Daily	____	____ hours
Medication	____ at ____ dosage	☐ Daily ☐ ____	____	____ hours

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Toy		☐ Weekly	
Foraging Activity		☐ Weekly	
New Perch		☐ Monthly	
Training Session		☐ Weekly	
Bath/Shower		☐ Weekly	
Other:			

WORKSHEET 6: FISH/AQUARIUM

Tank Name: _____ **Tank Size:** ____ **gallons Species:**

Equipment: ☐ Filter ☐ Heater ☐ Light ☐ Air pump ☐ CO2 system

NON-NEGOTIABLES (Critical for survival)

Task	Specifics	Frequency	Time Window	Max Safe Delay
Feeding	____ (food type) ____ amount	☐ Daily ☐ 2x daily	____	____ hours
Temperature Check	Should be ____ °F	☐ Daily	____	____ hours
Filter Check	Ensure running properly	☐ Daily	____	____ hours
Visual Health Check	Count fish, check for illness	☐ Daily	____	____ hours
Water Test	Test: ☐ Ammonia ☐ Nitrite ☐ Nitrate ☐ pH	☐ Weekly	____ day	____ days

Task	Specifics	Frequency	Time Window	Max Safe Delay
Water Change	____% water change	☐ Weekly	____ day	____ days
Filter Maintenance	Rinse/clean media	☐ Monthly	____	____ days

NICE-TO-HAVES (Bonus activities when core tasks are done)

Activity	Description	Frequency Goal	Completed (Date)
New Plant		☐ Monthly	
New Decor		☐ Monthly	
Water Conditioner Upgrade		☐ As needed	
New Food Variety		☐ Monthly	
Tank Rearrangement		☐ Monthly	
Other:			

WORKSHEET 7: CUSTOM/BLANK TEMPLATE

Pet Name: _____ Species/Type: _____ Age: _____

Medical Conditions/Medications: _____

NON-NEGOTIABLES

Task	Specifics	Frequency	Time Window	Max Safe Delay
1.				
2.				
3.				
4.				
5.				
6.				

NICE-TO-HAVES

Activity	Description	Frequency Goal	Completed (Date)
1.			
2.			
3.			
4.			

SECTION 2: 3-METRIC WEEKLY SCORECARD

Instructions

Complete this scorecard every Sunday during your 15-minute Pet Ops Review. Be honest. Scores below 4 require a root cause analysis and fix for next week.

WEEK OF: _____

METRIC 1: SYSTEM ADHERENCE

Did you follow the automated schedule? Did all tasks get completed on time?

Day	Tasks Completed (Y/N)	Missed Tasks	Reason Missed
Monday	☐ Yes ☐ No		
Tuesday	☐ Yes ☐ No		
Wednesday	☐ Yes ☐ No		
Thursday	☐ Yes ☐ No		
Friday	☐ Yes ☐ No		
Saturday	☐ Yes ☐ No		
Sunday	☐ Yes ☐ No		

SYSTEM ADHERENCE SCORE (1-5): _____

5 = Perfect, all tasks done on time	3 = Most tasks done, some delays	1 = System fell apart
-------------------------------------	----------------------------------	-----------------------

If the score is below 4: Root cause: ☐ Reminder failed ☐ Forgot despite reminder ☐ Too busy
☐ Other: _____ Fix for next week: _____

METRIC 2: PET WELLNESS

Are all pets eating normally, behaving normally, and showing no signs of stress or illness?

Pet Name	Eating Normally?	Behavior Normal?	Any Concerns?
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	
	☐ Yes ☐ No	☐ Yes ☐ No	

PET WELLNESS SCORE (1-5): _____

5 = All pets thriving, no concerns	3 = Minor concerns, monitoring	1 = Vet visit needed
------------------------------------	--------------------------------	----------------------

If score is below 4: Concern details: _____
Action plan: _____

METRIC 3: SUPPLY STATUS

Do you have enough food, bedding, medication, and supplies to last until the next auto-shipment?

Supply Item	Current Stock	Auto-Ship Date	Enough Until Then?
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No

SUPPLY STATUS SCORE (1-5): _____

5 = Fully stocked, all auto-ships scheduled	3 = Some items low, need to order	1 = Critical shortage
---	-----------------------------------	-----------------------

If the score is below 4: Items needing immediate order: _____
Auto-ship adjustments needed: _____

WEEKLY SUMMARY

Metric	Score (1-5)
System Adherence	
Pet Wellness	
Supply Status	
TOTAL SCORE	**/15**

LOOKING AHEAD TO NEXT WEEK

Schedule changes (travel, late meetings, guests): _____ Plan to handle them: _____

NICE-TO-HAVE BONUS (Unlocked if total score is 12+)

This week's chosen Nice-to-Have activity: _____

Completed? ☐ Yes ☐ No (carry over to next week)

NOTES FOR NEXT WEEK'S SYSTEM IMPROVEMENT

One thing to add/change/improve: _____

SECTION 3: COMPLETE IF/THEN DECISION TREE

25+ Scenarios for Multi-Species Pet Management

DAILY ROUTINE SCENARIOS IF I am running late in the morning THEN I will:

1. Visually confirm automatic feeders dispensed food
2. Check all water sources are full
3. Do a 30-second visual count/check of all pets
4. Leave. Everything else waits until tonight or tomorrow.

IF I am exhausted at night and don't want to do the final pet check THEN I will:

1. Set a 5-minute timer on my phone
2. Do a quick lap through the house/habitats
3. Tell myself, "5 minutes now saves guilt tomorrow."
4. Check off the tasks and earn my point

IF a pet refuses to eat a meal THEN I will:

1. Note it on the Command Center with time/date
2. Offer the food again in 2 hours
3. If they refuse a second meal, move to Illness Protocol
4. Check water and environment for issues IF a pet shows unusual behavior (lethargy, hiding, aggression) THEN I will:
 1. Note the behavior on the Command Center
 2. Check all environmental factors (temperature, water, food)
 3. Monitor for 2 hours
 4. If no improvement, consult a vet

SUPPLY & EQUIPMENT SCENARIOS

If I notice a low-supply warning on the Command Center THEN I will:

1. Open the auto-ship app immediately
2. Move the next delivery date up by 3-5 days
3. If no auto-ship exists for this item, create one
4. Note in the Sunday review to adjust quantity

IF an automatic feeder malfunctions THEN I will:

1. Hand-feed that meal immediately
2. Troubleshoot the feeder within 24 hours
3. Set a daily manual reminder until fixed
4. Order backup feeder if needed

IF a timer fails (lights don't turn on/off) THEN I will:

1. Manually adjust immediately
2. Check if the battery needs replacing
3. Replace the timer within 48 hours
4. Monitor the pet for stress from the disrupted cycle IF a water fountain pump stops working THEN I will:
 1. Put out a backup water bowl immediately
 2. Clean the pump and check for clogs
 3. Order replacement pump if needed
 4. Check that the pet is drinking from the backup bowl

IF I run out of a critical supply (food, medication) THEN I will:

1. Borrow from a neighbor if possible

2. Make an emergency store run
3. Pay for expedited shipping
4. Add this item to the "critical" list for auto-ship

HEALTH & EMERGENCY SCENARIOS

IF a pet shows signs of illness (vomiting, diarrhea, not eating) THEN I will:

1. Isolate from other pets if contagious concern
2. Call the vet within 2 hours
3. Document symptoms with photos/video
4. Follow vet instructions exactly
5. Add medication to the daily Non-Negotiables immediately

IF a pet escapes its habitat THEN I will:

1. Close all doors to contain to one room
2. Remove any dangerous pets from the area
3. Search systematically
4. Set up food/water and wait
5. Check usual hiding spots
6. Once found, inspect the habitat for an escape route and fix it immediately

IF two pets fight or show aggression THEN I will:

1. Separate them immediately and safely
2. Check for injuries, treat if needed
3. Keep separated for 24 hours minimum
4. Consult vet or trainer if serious
5. Reintroduce slowly and supervised IF a habitat's temperature is outside the safe zone (alarm goes off) THEN I will:
 1. Move the pet to a temporary safe container with proper temp
 2. Check equipment (heater, thermostat, timer)
 3. Fix or replace faulty equipment
 4. Monitor temp for 2 hours before returning the pet
 5. Add extra temp checks to Command Center for 3 days If the humidity is too low in the reptile habitat THEN I will:
 1. Mist immediately
 2. Add a larger water bowl or move to the warm side
 3. Check the misting system if automated

4. Consider a different substrate
5. Monitor closely for the next 24 hours

IF humidity is too high (mold risk) THEN I will:

1. Increase ventilation immediately
2. Remove wet substrate
3. Check for leaks in the water source
4. Reduce misting frequency
5. Monitor for respiratory issues in the pet

TRAVEL & SCHEDULE SCENARIOS

IF I am going out of town for 1-2 nights THEN I will:

1. Print the one-page C.A.G.E. sitter guide
2. Do a full supply stock-up before leaving
3. Pre-portion all food for every day I'm gone
4. Program the sitter's number into home monitoring cameras
5. Do a walk-through with the sitter before leaving
6. Set out emergency vet contact and payment

IF I am going out of town for 3+ nights THEN I will do everything above, plus:

1. Schedule a mid-trip check-in call with the sitter
2. Have a backup sitter on standby
3. Double all supply quantities
4. Leave written instructions by each habitat
5. Set calendar reminders to check cameras daily

IF the dog walker cancels at the last minute

THEN I will:

1. Use a backup app to book a new walker immediately

2. If no walker is available, activate the Indoor Enrichment Plan:

- Snuffle mat for foraging
 - Puzzle toys
 - Extra training session
 - Longer walk myself when home IF I have a late meeting and will miss evening feeding time
- THEN I will:

1. Set an automatic feeder for that meal if available
2. Or pre-portion and leave food with instructions for a family member

3. Or do a morning switch (feed a larger morning meal)
4. Set a reminder to check that it was done when I get home

IF a family member is sick and can't do their assigned tasks THEN I will:

1. Redistribute tasks among remaining family members
2. Double the point values for completed tasks
3. The sick person owes a "fun night out" when better
4. Simplify tasks where possible (temporary)

IF guests are coming over and habitats need tidying THEN I will:

1. Do a 10-minute power clean of visible areas
2. Close doors to rooms with messier habitats
3. Add "guest prep" to next week's review as a Nice-to-Have
4. Remember that guests care about you, not perfect cages

MULTI-PET SPECIFIC SCENARIOS

IF I get a new pet (planned)

THEN I will:

1. Complete a Non-Negotiable worksheet for them BEFORE they arrive
2. Set up all automation (timers, feeders) BEFORE they arrive
3. Add them to the Command Center immediately
4. Integrate them into the family gamification system
5. Monitor closely for the first week and adjust

IF I get a new pet (unplanned/emergency) THEN I will:

1. Schedule a 1-hour "System Integration" session for the next day
2. Set up temporary basic care (food, water, safe space) immediately
3. Complete their worksheet within 24 hours
4. Add them to all systems within 48 hours
5. Do extra wellness checks for the first week

IF one pet needs extra care due to illness/injury THEN I will:

1. Add their new medical tasks to Non-Negotiables immediately
2. Reduce Nice-to-Haves for other pets temporarily
3. Communicate the change to all family members
4. Adjust the weekly scorecard to prioritize this pet

5. Give myself grace if other areas slip slightly

IF a pet passes away THEN I will:

1. Give myself permission to pause the system for 24-48 hours
2. Remove their tasks from the Command Center
3. When ready, hold a small memorial if helpful
4. Adjust the gamification points for remaining tasks
5. Consider if and when to get another pet—no pressure

IF I notice one pet seems bored or lethargic consistently THEN I will:

1. Add "10 minutes targeted enrichment" to their daily Non-Negotiables
2. Research species-specific enrichment ideas
3. Try one new activity each day for a week
4. Monitor for changes in behavior
5. If no improvement, consult a vet IF I'm considering rehoming a pet due to overwhelm
THEN I will:
 1. Acknowledge that this is a valid option, not a failure
 2. Run a full system audit using the 3-Metric Scorecard
 3. Identify which specific tasks are causing overwhelm
 4. Try automating or outsourcing those tasks for 2 weeks
 5. Re-evaluate after 2 weeks with clear data
 6. Make a decision based on the pet's well-being, not guilt---

SYSTEM MAINTENANCE SCENARIOS

IF the weekly scorecard shows a 4 or 5 in all metrics for 4 weeks in a row THEN I will:

1. Upgrade my personal reward (e.g., from coffee to massage)
2. Consider adding one new Nice-to-Have for a pet
3. Review if any Non-Negotiables can be further automated
4. Celebrate the sustained success with my family
5. Share the system with another pet owner who's struggling

IF the weekly scorecard shows a score below 3 in any metric for 2 weeks in a row THEN I will:

1. Schedule a 30-minute "System Deep Dive" with myself
2. Re-read the original Non-Negotiable lists—have they changed?
3. Check if any automation has failed
4. Ask family for input on what's not working

5. Consider if I need outside help (walker, cleaner, sitter)
6. Rebuild the affected part of the system from scratch

IF a family member stops participating in the gamification THEN I will:

1. Have a non-confrontational conversation
2. Ask what would motivate them (different reward?)
3. Consider reassigning their tasks to someone else
4. Try a team-based reward instead of an individual
5. If it's a child, adjust expectations based on age

IF I realize I've been ignoring the system for several days THEN I will:

1. Forgive myself immediately— guilt doesn't help
2. Do a 10-minute reset right now
3. Check all pets for wellness (they're likely fine)
4. Restart with the Minimum Viable Version for 3 days
5. Ease back into the full system after 3 days---

IF I have a free Saturday with no plans THEN I will:

1. Check the collective Nice-to-Haves list
2. Pick one major enrichment project to tackle
3. Involve the whole family
4. Document it with photos
5. Enjoy the quality time with my animals

SECTION 4: PET COMMAND CENTER WHITEBOARD TEMPLATE Instructions

Print this template and place it on a whiteboard, corkboard, or in a frame in a central location (kitchen, mudroom, family command center). Update daily.

PET COMMAND CENTER Week of: _____

TODAY'S DATE: _____ DAILY

NON-NEGOTIABLES CHECKLIST

Pet	Morning Task (7-9 AM)				
Evening Task (5-8 PM)		Notes			
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	
_____		☐		☐	

WATER CHECK (Quick visual - all bowls/bottles full?)

☐ Dog/Cat water ☐ Reptile water ☐ Small animal bottle ☐ Bird water ☐ Other: _____

TODAY'S AUTOMATED TASKS (Still need visual confirmation)

Task	Automated By	Confirmed?
_____	Timer / Feeder / App	☐ Yes
_____	Timer / Feeder / App	☐ Yes
_____	Timer / Feeder / App	☐ Yes

TODAY'S NOTES & OBSERVATIONS

WEEK AT A GLANCE

Day	Weekly Tasks (Deep cleans, meds, etc.)	Assigned To	Done
Monday			☐
Tuesday			☐
Wednesday			☐
Thursday			☐
Friday			☐
Saturday			☐

Day	Weekly Tasks (Deep cleans, meds, etc.)	Assigned To	Done
Sunday	REVIEW DAY (3-Metric Scorecard)	_____	☐

SUPPLY WATCH (Items running low)

Item	Low?	Reordered?
_____	☐	☐
_____	☐	☐
_____	☐	☐

UPCOMING SCHEDULE CHANGES

Date	Change	Plan
------	--------	------

THIS WEEK'S BONUS NICE-TO-HAVE (Earned when all daily tasks are done)

☐ _____

SECTION 5: FAMILY GAMIFICATION LEADERBOARD

Instructions Print this template weekly and post it next to the Command Center. Each family member earns points for completed tasks. Weekly winner gets the agreed-upon reward.

FAMILY PET CARE LEADERBOARD Week of: _____

POINT SYSTEM

- Daily Non-Negotiable task = 1 point each
- Weekly deep clean task = 5 points each
- Helping another family member = 2 bonus points
- Perfect day (all tasks done) = 3 bonus points
- Noticing a problem before it becomes a crisis = 5 bonus points

DAILY SCORE TRACKER

Family Member	Mon	Tue	Wed	Thu	Fri	Sat	Sun	TOTAL

THIS WEEK'S REWARDS

Points Earned	Reward	Winner(s)
50+ points	Family movie night + choose the movie	
40-49 points	Choose Friday family dinner	
30-39 points	30 minutes of screen time bonus	
Weekly Winner (highest score)	No dishes for a week + _____	

LAST WEEK'S WINNER: _____ Reward received: _____

NOTES FOR NEXT WEEK

How can we make this more fun?

Who needs extra help? _____

SECTION 6: TRAVEL & PET SITTER INSTRUCTION TEMPLATES

Template A: One-Page Sitter Quick Guide

Print and leave in a visible location. Complete before every trip.

IMPORTANT: PET CARE INSTRUCTIONS

For Sitter: _____ Dates: _____

CONTACT INFORMATION

Homeowner: _____ Phone: _____

Backup Contact: _____ Phone: _____

Veterinarian: _____ Phone: _____

****Emergency Vet (24hr):**** _____ Phone: _____ Pet Poison Control:
(888) 426-4435

Wi-Fi Password: _____

****Alarm Code:**** _____

Where to find: ☐ Extra keys ☐ Flashlight ☐ First aid kit

DAILY ROUTINE AT A GLANCE

Time	Task	Pet
—		
—		
—		
—		
—		

PET QUICK REFERENCE

Pet 1 Name: _____ Species: _____

- Food: _____ amount, _____ times daily
- Special instructions: _____
- Favorite treats: _____
- Commands: _____
- Scared of: _____
- Medical: _____

Pet 2 Name: _____ Species: _____

- Food: _____ amount, _____ times daily
- Special instructions: _____
- Favorite treats: _____
- Commands: _____
- Scared of: _____
- Medical: _____

Pet 3 Name: _____ Species: _____

- Food: _____ amount, _____ times daily

- Special instructions:

- Favorite treats: _____
- Commands: _____
- Scared of: _____
- Medical: _____

(Add more on back if needed)

HABITAT QUICK REFERENCE

Habitat/Pet	Location	Temp Setting	Light Schedule	Special Care
		____ °F	On: ____ Off: ____	
		____ °F	On: ____ Off: ____	
		____ °F	On: ____ Off: ____	

SUPPLY LOCATIONS

Item	Location
Pet food	
Treats	
Leashes/harnesses	
Poop bags	
Litter/ bedding	
Cleaning supplies	
Towels	
Medications	

EMERGENCY PLAN

If a pet gets sick/injured:

1. Call me immediately at _____
2. Call vet at _____
3. If after hours, go to: _____

If you can't reach me:

1. Contact backup: _____
 2. Use your best judgment—I trust you
 3. Take photos and send when possible
- CHECKLIST FOR EACH VISIT
- ☐ Check all water bowls/bottles— refill if low
 - ☐ Feed according to instructions
 - ☐ Scoop/spot clean litter boxes and cages
 - ☐ Let dogs out for potty/walk
 - ☐ Spend _____ minutes playing with each pet
 - ☐ Check all habitat temperatures and lights
 - ☐ Give medications as instructed
 - ☐ Send me a photo update (please!)

ADDITIONAL NOTES

THANK YOU! I really appreciate you taking care of my animals. They're family to me. Please text me with any questions, no matter how small. ☐ Cash tip is located:

Template B: Detailed Pet Sitter Binder Cover Page

For longer trips or multiple sitters, use this as the cover page for a full binder with individual pages for each pet.

THE COMPLETE C.A.G.E. SYSTEM Pet Care Binder for Sitters

Household of: _____ Dates: _____ to _____

WHAT'S INSIDE

Tab	Contents
1	Emergency Contacts & Important Information
2	Daily Schedule Overview
3	Pet 1: [Name] - Complete Care Guide
4	Pet 2: [Name] - Complete Care Guide
5	Pet 3: [Name] - Complete Care Guide
6	Habitat & Equipment Instructions
7	Supply Locations & Reorder Info
8	Daily Checklist (Copy and use each day)

HOUSE RULES

- ☐ Please remove shoes when entering
- ☐ Security alarm code: _____ - arm at night
- ☐ Trash day is _____
- ☐ Mail is held / neighbor collects
- ☐ Plants need water every _____ days
- ☐ _____

THE MOST IMPORTANT THING

These animals are my family. Thank you for treating them like yours. If anything feels off—even if you're not sure—please text me. I'd rather get 10 "just checking" messages than miss something important.

My phone is always on. Text or call anytime.

Template C: Individual Pet Care Guide (Binder Insert)

Print one for each pet and place in binder.

CARE GUIDE FOR: _____

Species: _____

Breed: _____

Age: _____

Identifying features:**

Microchip number: _____ **Vet records located:** _____

PERSONALITY & QUIRKS

Loves: _____

Dislikes/Scared of: _____ Favorite treats:

Favorite toys/activities: _____

Commands they know: _____

How they show affection: _____ Signs of stress:

FEEDING INSTRUCTIONS

Meal	Time	Food Type	Amount	Special Instructions
Breakfast				
Lunch				
Dinner				
Treats				

Food location:

Treat location: _____

Feeding notes (pickiness, allergies, etc.): _____

WATER

☐ Bowl - Location: _____ Refill frequency: _____

☐ Fountain - Location: _____ Refill frequency: _____

☐ Bottle - Location: _____ Check frequency: _____

MEDICATIONS & SUPPLEMENTS

Medication	Dosage	Time	How Given	Location
------------	--------	------	-----------	----------

EXERCISE & ENRICHMENT

☐ Walks: _____ times daily, _____ minutes each, Route: _____

☐ Playtime: _____ minutes daily, Favorite games: _____

☐ Outdoor time: ☐ Leashed ☐ Enclosed area ☐ Supervised only

☐ Training sessions: _____ minutes daily, Focus on: _____

☐ Other: _____ BATHROOM/WASTE

Dogs: Potty schedule: _____ Usual spots: _____ Cats: Litter box location: _____ Scoop frequency: _____ Small animals: Cage spot clean: _____ Location to dispose: _____

HABITAT MAINTENANCE (If applicable)

Enclosure type/size: _____

Task	Frequency	Instructions
Temperature check		Should be ____ °F
Humidity check		Should be ____ %
Lighting		On: ____ Off: ____
Misting		
Spot cleaning		
Full cleaning		(Don't worry about this for short stays)

GROOMING

- ☐ Brushing: How often? _____ Location of brush: _____
- ☐ Nail trimming: ☐ Don't attempt ☐ Instructions: _____
- ☐ Bathing: ☐ Don't attempt ☐ Instructions: _____
- ☐ Other: _____

WHAT TO DO IF...

Situation	Action
They won't eat	
They seem scared/hiding	
They have an accident in the house	
They get loose/escape	
They seem sick or injured	

VET INFORMATION

Primary vet: _____ Phone: _____ Address: _____
Emergency vet: _____
Phone: _____ Address: _____

I consent to veterinary treatment up to \$_____ without calling me first.

DAILY CHECKLIST FOR THIS PET

Day	Date	Fed?	Water?	Meds?	Exercise?	Clean?	Notes
Mon		☐	☐	☐	☐	☐	
Tue		☐	☐	☐	☐	☐	
Wed		☐	☐	☐	☐	☐	
Thu		☐	☐	☐	☐	☐	
Fri		☐	☐	☐	☐	☐	
Sat		☐	☐	☐	☐	☐	
Sun		☐	☐	☐	☐	☐	

PHOTOS (Optional but appreciated!)

Please text me a photo of this pet every day! It makes my trip so much better.

SECTION 7: SUPPLY AUTO-SHIP TRACKING SPREADSHEET

Instructions

Use this spreadsheet to track all pet supplies, auto-ship schedules, and costs. Update monthly during your Pet Ops Review.

MASTER SUPPLY TRACKER

Pet	Supply Item	Brand/Type	Where Purchased	Auto-Ship?	Order Frequency	Last Order	Next Order	Unit Cost	Qty/Order	Notes
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		
				☐ Yes ☐ No				\$		

MONTHLY AUTO-SHIP CALENDAR

Month: _____

Week Of	Arriving This Week	Supplier	Order Date	Amount	Notes
				\$	
				\$	
				\$	
				\$	
				\$	
				\$	

Total Monthly Auto-Ship Spending: \$ _____

SUPPLY INVENTORY CHECKLIST

Use this during your weekly review to quickly check stock levels.

DOG SUPPLIES

- ☐ Dry food - enough for ____ days
- ☐ Wet food - enough for ____ days
- ☐ Treats - enough for ____ days
- ☐ Poop bags
- ☐ Medications
- ☐ Heartworm/flea prevention
- ☐ Shampoo
- ☐ Other: _____

CAT SUPPLIES

- ☐ Dry food - enough for ____ days
- ☐ Wet food - enough for ____ days
- ☐ Treats
- ☐ Litter - enough for ____ days
- ☐ Litter box liners
- ☐ Medications
- ☐ Other: _____

SMALL ANIMAL SUPPLIES

- ☐ Food/pellets - enough for ____ days
- ☐ Hay - enough for ____ days
- ☐ Bedding - enough for ____ days
- ☐ Treats
- ☐ Cage cleaner
- ☐ Other: ____

REPTILE/AMPHIBIAN SUPPLIES

- ☐ Live food (crickets/roaches) -order day: ____
- ☐ Frozen food
- ☐ Calcium/D3 supplements
- ☐ Substrate - enough for ____ changes
- ☐ Bulbs (spare)
- ☐ Other: ____ BIRD SUPPLIES
- ☐ Pellets/seed - enough for ____ days
- ☐ Fresh food (in fridge)
- ☐ Treats
- ☐ Cage liner - enough for ____ days
- ☐ Other: ____

FISH/AQUARIUM SUPPLIES

- ☐ Food - enough for ____ days
- ☐ Water conditioner
- ☐ Filter cartridges/media
- ☐ Test kits - check expiration
- ☐ Other: ____

GENERAL SUPPLIES

- ☐ Paper towels
- ☐ White vinegar/cleaner
- ☐ Trash bags
- ☐ Latex gloves
- ☐ Towels (pet-specific)
- ☐ First aid supplies

AUTO-SHIP SETUP CHECKLIST

Use this when first setting up or when adjusting your system.

FOR EACH SUPPLY, CONFIRM:

- ☐ I have created an account with the supplier
 - ☐ I have saved payment information
 - ☐ I have set the correct frequency
 - ☐ I have set the correct quantity
 - ☐ I have set the delivery date to arrive 3-5 days BEFORE I run out
 - ☐ I have turned on email/text notifications for order confirmations
 - ☐ I have added the supplier's email to my contacts (so it doesn't go to spam)
 - ☐ I have noted the next order date in my Master Tracker
 - ☐ I have set a calendar reminder to review this auto-ship in 3 months
- SUPPLIER QUICK REFERENCE

Supplier	Website	Account Login	Customer Service	Auto-Ship Discount
Chewy	chewy.com		1-800-	☐ 5% ☐ 10% ☐ Other
Amazon	amazon.com			☐ 5% ☐ 10% ☐ Other
Petco	petco.com			☐ 5% ☐ 10% ☐ Other
Petsmart	petsmart.com			☐ 5% ☐ 10% ☐ Other
Local Pet Store				☐ Yes ☐ No
Vet				☐ Yes ☐ No
Other:				☐ Yes ☐ No

COST SAVINGS TRACKER

Track your savings from auto-ship discounts and bulk purchasing.

Month	Total Spent Without Auto-Ship	Total Spent With Auto-Ship	Monthly Savings	Year-to-Date Savings
January	\$	\$	\$	\$
February	\$	\$	\$	\$
March	\$	\$	\$	\$
April	\$	\$	\$	\$
May	\$	\$	\$	\$
June	\$	\$	\$	\$
July	\$	\$	\$	\$
August	\$	\$	\$	\$
September	\$	\$	\$	\$
October	\$	\$	\$	\$
November	\$	\$	\$	\$
December	\$	\$	\$	\$

ANNUAL TOTAL SAVINGS: \$_____

SYSTEM COMPLETE

You Now Own The Complete C.A.G.E. Framework Done-For-You System

What's Included:

- ✓ 7 Pet-Type Specific Non-Negotiable Worksheets
- ✓ 3-Metric Weekly Scorecard with Root Cause Analysis
- ✓ Complete If/Then Decision Tree with 25+ Scenarios
- ✓ Pet Command Center Whiteboard Template
- ✓ Family Gamification Leaderboard with Point System
- ✓ Travel & Pet Sitter Templates (4 Documents)
- ✓ Supply Auto-Ship Tracking Spreadsheet

Your 30-Day Implementation Plan

Week 1: Complete all Non-Negotiable worksheets. Set up digital reminders.

Week 2: Automate what you can. Create your Command Center. Set up auto-ships.

Week 3: Introduce gamification. Hold the first family meeting about the leaderboard.

Week 4: Complete your first 3-Metric Scorecard. Make your first system adjustment.

One Last Thing

You didn't start this system because you don't love your pets.

You started it because you love them so much that the thought of forgetting something—of letting them down—feels unbearable.

The C.A.G.E. Framework exists so you can stop worrying and start enjoying.

So go ahead. Fill out those worksheets. Set those timers. Create that Command Center.

And then sit on the floor with your dog, let your cat curl up in your lap, watch your bearded dragon bask in the perfectly timed light, and listen to your bird chirp contentedly in the background.

You've got this. The system's got you.

For support, updates, or to share your success story, visit [<https://smallpawsspace.com>]

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